



- Intuitive and Spiritual Counselor
- Certified Shamanic Practitioner
- Certified Shapeshifting Practitioner
- Certified Hypnotherapist
- Hypnotherapy Certification Instructor
- Paranormal Investigator
- Host/Producer "The Sacred Journey" TV Show

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Private Appointments

Specialized Sessions for Children

Gift Certificates

CONSIDER A PRIVATE WORKSHOP OR GROUP READING FOR YOUR GRADUATION, BIRTHDAY, MOTHER'S OR FATHER'S DAY CELEBRATION!



PAST LIFE REGRESSION: Thursday, March 25, 6:30 - 8:30 PM



Learn how the past has a direct effect on the present and can even shape the future. You will gain an understanding of your strengths, fears, relationships, and karmic responsibilities. Learn how past life regression provides insight to those who are committed to personal and spiritual growth. You will be given a clear explanation of hypnosis and safely guided into memories of past lifetimes. Your subconscious mind, also known as your High Self, will choose lifetimes that are important and significant to you in your present life. As a bonus, you will learn a powerful self-hypnosis technique to use on your own for any purpose you desire. \$25

KIDS!!!



SHAMANISM FOR CHILDREN: Saturday, April 10, 2:00 - 4:00 PM



KIDS!!!

Children are natural shamans and today they will be safely guided and accompanied on a journey to meet a power animal and develop a closer relationship with the natural and spiritual worlds. We will learn about the interactions between humans and animals, plants, minerals, and the natural elements as we become aware of the living spirit energy in all things. Practical suggestions will be shared so that children can strengthen and build upon this power animal relationship at home. \$20; Siblings at reduced fee, parents/grandparents attend free.



PALMISTRY: Your Life is in Your Hands: Thursday, April 29, 6:00 - 9:00 PM



Discover what mysteries lay hidden in your hands or in the hands of others. See who can keep secrets and who has natural healing gifts or great artistic or teaching ability. See if you possess the rare "Lottery Lines" which indicate the potential for big winnings! You'll be amazed and amused as you learn to better understand yourself and others. Please bring a magnifying glass if you have one and a Xerox copy of each palm, if possible. \$30 includes take home materials. Please note this is a 3 hour class.



REGRESSION TRAINING: Advanced Hypnotherapy: Saturday, May 1, 9:00 AM - 5:00 PM



Regression, whether age regression or past life regression, may be the most powerful tool you can offer your clients. It can help them to release fears, phobias, illness, retrieve lost information or understand themselves more completely. Know when it's appropriate to use and for which clients. Learn safe and effective regression techniques that aid in personal development. Please bring a bag lunch. \$150 (eligible for 8 CEU's)



ASTRAL PROJECTION: THE OUT OF BODY EXPERIENCE: Tuesday, May 18, 6:30 - 8:30 PM



Join us to learn about the mysterious phenomenon known as the out of body experience. Astral projection, when used appropriately, can greatly enhance spiritual growth. We will discuss the ethical responsibility required to initiate out of body travel and the high degree of spiritual commitment needed. Learn safe and simple techniques that, with dedicated practice, allow you to visit spiritual realms and work with teachers inaccessible in the physical planes. You will also be able to give and receive healings not possible in the physical body due to its molecular limitations. Find out why this is one of the most fascinating topics in metaphysics! \$25

----- MONTHLY STUDY GROUPS -----

Please be willing to make a commitment to any group you join as we are building a circle of trust, relying on the power of group energy.
PSYCHIC/SPIRITUAL DEVELOPMENT

THURSDAY PSYCHIC/SPIRITUAL DEVELOPMENT: First Thursday of every month, 6:30 - 8:30 PM: March 4, April 1, May 6, etc.

TUESDAY PSYCHIC/SPIRITUAL DEVELOPMENT: Second Tuesday of every month, 6:30 - 8:30, March 9, April 13, May 11, etc.

There is a strong focus on the connection between spiritual growth and psychic development. Various spiritual empowerment and meditation techniques will be practiced as you learn how to develop gifts that can be used to assist others or to increase your own connection to spirit.

Reclaim your natural gifts and live more joyfully. These groups are for all levels; beginners who are just starting on their paths as well as experienced mediums and readers who are looking to broaden their gifts and become more confident in their abilities. Pendulums, crystals, cards, and palmistry will be introduced. This training includes studies in the paranormal will be included as we learn how compassionate spiritual and psychic intervention can bring healing to people and places affected by paranormal activity. \$20

SHAMANIC STUDIES

THURSDAY SHAMANIC STUDIES: Third Thursday of every month, 6:30 - 8:30 PM: March 18, April 15, May 20, etc.

TUESDAY SHAMANIC STUDIES: Fourth Tuesday of every month, 6:30 - 8:30 PM: March 23, April 27, May 25, etc.

You will develop an understanding of shamanism and become adept at journeying as you work with animal and spirit helpers. We will focus on healing and restoring balance to self, community, and the planet. As we work together to create and utilize community energy, you will learn group and individual healing techniques. Emphasis will be on strengthening spiritual connections and relationships with our power animals and spirit helpers. Teachings from various shamanic traditions will be explored and on-traditional approaches will be introduced.

These study groups are appropriate for any level of experience. All dedicated and compassionate people who wish to initiate positive change in the world are welcome. Please bring a notebook, eye covering, drum or rattle if you have one, a feather, and a fist sized rock. \$20